



TECHNICAL RULES

Event Distances, Hurdle Heights & Throwing Implement weights

| | | | | Male | | | | | |
|------|-------------|--------------|--------------|-------------|-------------|----------|---------|---------|--------|
| | Sp. Hurdles | Long Hurdles | Steeple | Walk* | Distance* | Shot Put | Discus | Javelin | Hammer |
| Open | 110m/1.067m | 400m/0.914m | 3000m/0.914m | Up to 5000m | Up to 5000m | 7.26kg | 2.00kg | 800g | 7.26kg |
| U20 | 110m/0.991m | 400m/0.914m | 3000m/0.914m | Up to 5000m | Up to 5000m | 6.00kg | 1.75kg | 800g | 6.00kg |
| U18 | 110m/0.914m | 400m/0.838m | 2000m/0.838m | Up to 5000m | Up to 3000m | 5.00kg | 1.50kg | 700g | 5.00kg |
| U16 | 100m/0.838m | 200m/0.762m | 2000m/0.762m | Up to 3000m | Up to 3000m | 4.00kg | 1.00kg | 700g | 4.00kg |
| U14 | 90m/0.762m | 200m/0.762m | 2000m/0.762m | Up to 3000m | Up to 3000m | 3.00kg | 1.00kg^ | 600g | 3.00kg |
| 40+ | 110m/0.991m | 400m/0.914m | 3000m/0.838m | Up to 5000m | Up to 5000m | 7.26kg | 2.00kg | 800g | 7.26kg |
| 50+ | 100m/0.914m | 400m/0.838m | 3000m/0.838m | Up to 5000m | Up to 5000m | 6.00kg | 1.50kg | 700g | 6.00kg |
| 60+ | 100m/0.838m | 300m/0.762m | 2000m/0.762m | Up to 5000m | Up to 5000m | 5.00kg | 1.00kg | 600g | 5.00kg |
| 70+ | 80m/0.762m | 300m/0.762m | 2000m/0.762m | Up to 5000m | Up to 5000m | 4.00kg | 1.00kg | 500g | 4.00kg |
| | | | | Female | | | | | |
| | Sp. Hurdles | Long Hurdles | Steeple | Walk* | Distance* | Shot Put | Discus | Javelin | Hammer |
| Open | 100m/0.838m | 400m/0.762m | 3000m/0.762m | Up to 5000m | Up to 5000m | 4.00kg | 1.00kg | 600g | 4.00kg |
| U20 | 100m/0.838m | 400m/0.762m | 3000m/0.762m | Up to 5000m | Up to 5000m | 4.00kg | 1.00kg | 600g | 4.00kg |
| U18 | 100m/0.762m | 400m/0.762m | 2000m/0.762m | Up to 5000m | Up to 3000m | 3.00kg | 1.00kg | 500g | 3.00kg |
| U16 | 90m/0.762m | 200m/0.762m | 2000m/0.762m | Up to 3000m | Up to 3000m | 3.00kg | 1.00kg | 500g | 3.00kg |
| U14 | 80m/0.762m | 200m/0.762m | 2000m/0.762m | Up to 3000m | Up to 3000m | 3.00kg | 1.00kg | 400g | 3.00kg |
| 40+ | 80m/0.762m | 400m/0.762m | 2000m/0.762m | Up to 5000m | Up to 5000m | 4.00kg | 1.00kg | 600g | 4.00kg |
| 50+ | 80m/0.762m | 300m/0.762m | 2000m/0.762m | Up to 5000m | Up to 5000m | 3.00kg | 1.00kg | 500g | 3.00kg |
| 60+ | 80m/0.762m | 300m/0.762m | 2000m/0.762m | Up to 5000m | Up to 5000m | 3.00kg | 1.00kg | 500g | 3.00kg |
| 70+ | 80m/0.762m | 300m/0.762m | 2000m/0.762m | Up to 5000m | Up to 5000m | 3.00kg | 1.00kg | 500g | 3.00kg |

^{*}Please review AVSL Timetables to confirm Distance allocation for athlete age groups in that round of AVSL

Hurdles - flights, spacing & track marking colour.

| Distance | No. of Flights | Distance start to first hurdle | Distance between hurdles | Distance last hurdle to finish | Colour |
|----------|----------------|--------------------------------|--------------------------|--------------------------------|-------------|
| 400m | 10m | 45m | 35m | 40m | Green |
| 300m | 7m | 50m | 35m | 40m | Green |
| 200m | 10m | 18.29m | 18.29m | 17.10m | Purple/Pink |
| 110m | 10m | 13.72m | 9.14m | 14.02m | Blue/Red |
| 100m | 10m | 13m | 8.5m | 10.5m | Yellow |
| 90m | 9m | 13m | 8m | 13m | White |
| 80m | 9m | 12m | 7m | 12m | Black |

[^] U13 Athletes will use a 750g Discus at all AVSL competitions.





EVENT 1 - TRACK - 0800 Hours

110 METRES - HURDLES - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|--|------|-----------|------|-------|-----------------|
| Ben KHONGBUT 110M 1.067CM | 6 | OPEN | 1 | 17.94 | 1 st |
| Tinashe MAPINDU 110M 1.067CM | 7 | OPEN | 1 | DNS | _ |

100 METRES - HURDLES - MALE / FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|------------------|------|-----------|------|-------|-----------------|
| Gaelyne KENSHOLE | 4 | 50-54 | 2 | 18.94 | 1 ST |
| 80M 76.2CM | | | | | NEW RECORD |
| James SCHROETER | 6 | 50-54 | 2 | 22.24 | 1 st |
| 100M 91.4CM | | | | | |
| Brian McCULLOUGH | 7 | 55-59 | 2 | 29.22 | 1 st |
| 100M 91.4CM | | | | | |





EVENT 2 - TRACK - 0830 Hours

5,000 / 10,000 METRES - MALE

| | | ı | | | - | 1 | 1 |
|---|------|-----------|------|-------------------------------|-----------|-------------------------------|-----------------|
| NAME | LANE | AGE GROUP | HEAT | TII | ME | PL | ACE |
| Brendan FOSTER 5K | 1 | OPEN | 1 | 20:09.0 | 00 Mins | 2 | nd |
| Daniel ALLWOOD 5K | 2 | OPEN | 1 | 16:51.0 | 00 Mins | 1 st | |
| Joseph BROPHY 10K | 3 | OPEN | 1 | 44:13.0 | 00 Mins | 1 st 1 | 0km |
| Sukhwinder KANG 5K / 10K | 4 | 40-44 | 1 | 5KM – | 10KM – | DNS | |
| Tristan HARRADINE 5K | 5 | 40-44 | 1 | | _ | DNS | |
| Jeremy WILKINSON 5K | 6 | 50-54 | 1 | 18:0 | 8.00 | 1 | st |
| Robert SUTTON 5K / 10K | 7 | 60-64 | 1 | 5KM 10KM 29:33.00 59:23.00 | | 1 st | 1 st |
| Peter McCAFFREY 5K | 8 | 65-69 | 1 | 23:02.00 | | 1 st NEW RECORD | |
| Ian NEWEY 5K | 9 | 65-69 | 1 | 24:10.00 | | 2 nd | |

5,000 / 10,000 METRES - FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|---------------------------|------|-----------|------|----------|-------------------------------|
| Jessica HOUSTON 5K | 10 | 30-34 | 1 | 1 | DNS |
| Martine COZENS 5K | 11 | 40-44 | 1 | 30:38.00 | 1 st |
| Nadine EDWARDS 5K | 12 | 50-54 | 1 | 24:15.00 | 1 st |
| Bronwyn KEENAN 5K | 13 | 60-64 | 1 | 30:37.00 | 1 st NEW RECORD |





EVENT 3 – FIELD – High Jump – 0900 Hours

| NAME | AGE GROUP | 1. | 100 | VI | 1. | 051 | VI | 1. | .151 | VI | 1. | .201 | VI | 1 | .251 | M | BEST | PLACE |
|-----------------------|--------------|----|-----|----|----|-----|----|----|------|----|----|------|----|---|------|---|-------|-----------------|
| Harvey ILLINGWORTH | 35-39 | 0 | | | | | | | | | | | | | | | 1.00M | 1 st |
| Sukhwinder KANG | 40-44 | | | | | | | | | | | | | | | | DNS | DNS |
| James SCHROETER | 50-54 | - | - | - | - | - | - | 0 | | | 1 | | | Χ | Χ | 0 | | |
| Brian McCULLOUGH | 55-59 | 0 | | | _ | | | 0 | | | 0 | | | 0 | | | | |
| Gaelyne KENSHOLE | 50-54 | 0 | | | 0 | | | - | | | | | | | | | 1.05M | 1 st |

| NAME | AGE GROUP | 1.3 | 108 | VI | 1. | 351 | М | | | | | BEST | PLACE |
|---------------------|--------------|-----|-----|----|----|-----|---|--|--|--|--|-------|-----------------|
| Harvey ILLINGWORTH | 35-39 | | | | | | | | | | | 1.00M | 1 st |
| Sukhwinder KANG | 40-44 | | | | | | | | | | | DNS | DNS |
| James SCHROETER | 50-54 | 0 | | | X | Х | X | | | | | 1.30M | 1 st |
| Brian McCULLOUGH | 55-59 | 0 | | | - | | | | | | | 1.30M | 1 st |
| Gaelyne KENSHOLE | 50-54 | | | | | | | | | | | 1.05M | 1 st |





EVENT 4 – TRACK – 0930 Hours

400 METRES - HURDLES - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|-------------------------------|------|-----------|------|---------|-----------------|
| Ben KHONGBUT 91.4CM | 5 | OPEN | 1 | 1:06.64 | 1 st |
| James SCHROETER 83.8CM | 6 | 50-54 | 1 | 1:19.64 | 1 st |

300 METRES - HURDLES - FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|--|------|--------------|------|---------|-------------------------------|
| Gaelyne KENSHOLE 300M 76.2CM | 4 | 50-54 | 2 | 1:10.07 | 1 st NEW RECORD |





EVENT 5 - FIELD - Javelin - 1000 Hours

| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|-----------------------------------|--------------|---------|---------|---------|--------|-------------------------------|
| Alvin KY 800 G | OPEN | - | - | - | DNS | DNS |
| Patrick McDONALD 800G | OPEN | 26.84M | 26.11M | 28.68M | 28.68M | 3 RD |
| Dejan FILIPOVIC 800G | OPEN | 12.10M | X | X | 12.10M | 4 TH |
| Sukhwinder KANG 800G | OPEN | 22.00M | 28.70M | 28.53M | 28.70M | 2 ND |
| Paramvir KOHLI 800G | OPEN | X | X | Х | N/R | N/R |
| Angus SUTHERLAND 800G | OPEN | 35.32M | 36.98M | 35.85M | 36.98M | 1 ST |
| Aidan STYLIANOU 800G | OPEN | ı | ı | - | DNS | DNS |
| Shalok BERRY 800G | 30-34 | 29.50M | Х | 31.09M | 31.09M | 1 ST |
| John EDNEY 800G | 30-34 | 21.12M | 23.40M | 19.55M | 23.40M | 3 RD |
| Jamie CORBISHLEY 800G | 30-34 | 21.22M | 21.40M | 25.69M | 25.69M | 2 ND |
| James PLOWRIGHT 800G | 35-39 | 22.66M | 18.85M | 18.70M | 22.66M | 1 ST |
| Harvey ILLINGWORTH 800G | 35-39 | X | X | X | N/R | N/R |
| Kaden HUTCHINGS 800G | 40-44 | ı | ı | - | DNS | DNS |
| Sukhwinder KANG 800G | 40-44 | 28.51M | 29.79M | Х | 29.79M | 2 ND |
| Simon LEWIS 800G | 40-44 | X | 22.75M | X | 22.75M | 3 RD |
| Jason EARSMAN 800G | 40-44 | 32.26M | 28.30M | 32.90M | 32.90M | 1 ST |
| Angus SUTHERLAND 800G | 45-49 | 31.62M | 36.88M | 31.24M | 36.88M | 1 ST |
| James SCHROETER 700G | 50-54 | 18.90M | 19.92M | - | 19.92M | 1 st |
| David DE VRIES 700G | 55-59 | 19.83M | 21.88M | 21.05M | 21.88M | 1 ST |
| Mark VAN ROOYEN 700G | 55-59 | 17.36M | 20.31M | Х | 20.31M | 2 ND |
| Dave WILKINS 600G | 65-69 | 24.45M | 12.86M | - | 24.45M | 1 ST NEW RECORD |





| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|---------------------------------|--------------|---------|---------|---------|--------|-----------------|
| Kelly McLEISH 600G | 40-44 | Х | 8.41M | Х | 8.41M | 2 ND |
| Natalie DAVIES 600G | 40-44 | 9.09M | Х | 7.35M | 9.09M | 1 ST |
| Karen BARNET 500G | 50-54 | 7.98M | 8.93M | 8.81M | 8.93M | 3 RD |
| Gaelyne KENSHOLE 500G | 50-54 | 15.30M | 16.87M | 12.08M | 16.87M | 1 ST |
| Carmel SCHROETER 500G | 50-54 | 10.49M | 9.83M | 8.88M | 10.49M | 2 ND |
| Marlene DRUMMOND 500G | 55-59 | 8.31M | 6.91M | 8.78M | 8.78M | 3 RD |





EVENT 6 – TRACK -1030 Hours

800 METRES – MALE / FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE | | |
|--------------------|------|--------------|------|--------------|-------------------------------|--|--|
| Tinashe MAPINDU | 1 | OPEN | 1 | 2:25.60 mins | 1 st | | |
| Joshua KELLY | 2 | OPEN | 1 | 2:46.31 mins | 2 nd | | |
| Olivia ATTARD | 3 | OPEN | 1 | 2:22.12 mins | 1 st | | |
| Sukhwinder KANG | 4 | 40-44 | 1 | DNS | - | | |
| Tristan HARRADINE | 5 | 40-44 | 1 | 2:42.78 mins | 2 nd | | |
| Ari MITROPOULOS | 6 | 40-44 | 1 | 3:40.73 mins | 3rd | | |
| Mark ANDREWS | 7 | 40-44 | 1 | 2:12.65 mins | 1 st | | |
| James SCHROETER | 8 | 50-54 | 1 | 2:52.75 mins | 1 st | | |
| Bonnie RYAN | 9 | 45-49 | 1 | 3:12.30 mins | 1 st | | |
| Peter McCAFFREY | 10 | 65-69 | 1 | 3:12.39 mins | 1 st | | |
| Nadine EDWARDS | 12 | 50-54 | 1 | 3:28.46 mins | 1 st | | |
| Jo O'SHAUGHNESSY | 13 | 60-64 | 1 | 3:55.39 mins | 1 st NEW RECORD | | |
| Harvey ILLINGWORTH | 14 | 35-39 | 1 | 4:07.15 mins | 1 st | | |





EVENT 7 – FIELD – Discus – 1100 Hours

| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|--------------------------------|--------------|---------|---------|---------|--------|-----------------|
| Patrick McDONALD 2KG | OPEN | 19.16M | 15.23M | 19.92M | 19.92M | 3 RD |
| Riley DALGLEISH 2KG | OPEN | 14.16M | 15.96M | Х | 15.96M | 5 [™] |
| Dejan FILIPOVIC 2KG | OPEN | Х | 16.25M | 15.58M | 16.25M | 4 TH |
| Sean CURTIN 2KG | OPEN | 26.70M | 29.09M | 28.96M | 29.09M | 1 ST |
| David DE VRIES 2KG | OPEN | 21.80M | 22.52M | 22.16M | 22.52M | 2 ND |
| Shalok BERRY 2KG | 30-34 | 19.34M | 24.47M | 24.23M | 24.47M | 1 ST |
| John EDNEY 2KG | 30-34 | 18.68M | 18.04M | - | 18.68M | 2 ND |
| James PLOWRIGHT 2KG | 35-39 | 20.38M | 22.83M | 15.63M | 22.83M | 1 ST |
| Harvey ILLINGWORTH 2KG | 35-39 | 5.84M | 9.75M | 9.89M | 9.89M | 2 ND |
| Sukhwinder KANG 2KG | 40-44 | 11.57M | - | - | 11.57M | 2 ND |
| Simon LEWIS 2KG | 40-44 | 16.11M | Х | 15.37M | 16.11M | 1 ST |
| Surojit MAJUMDAR 2KG | 40-44 | - | 1 | - | N/R | N/R |
| Damian MUSCOVICH 2KG | 45-49 | 23.51M | Х | 24.14M | 24.14M | 2 ND |
| Sean CURTIN 2KG | 45-49 | Х | Х | 26.61M | 26.61M | 1 ST |
| David DE VRIES 1.5KG | 55-59 | 24.22M | X | 25.72M | 25.72M | 1 ST |
| Mark VAN ROOYEN 1.5KG | 55-59 | 21.03M | 17.68M | 19.07M | 21.03M | 2 ND |
| Dave WILKINS 1KG | 65-69 | 17.60M | 18.81M | X | 18.81M | 1 ST |
| Lavinia TAULEPA 1KG | 30-34 | - | - | - | N/R | N/R |
| Kelly McLEISH 1KG | 40-44 | 9.84M | 12.12M | 13.18M | 13.18M | 3 RD |
| Natalie DAVIES 1KG | 40-44 | 12.55M | 12.38M | 14.08M | 14.08M | 2 ND |
| Amanda STEVENS 1KG | 40-44 | 19.37M | Х | 22.90M | 22.90M | 1 ST |





| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|-----------------------------------|--------------|---------|---------|---------|--------|-----------------|
| Traci GROGAN 1KG | 45-49 | - | - | - | N/R | N/R |
| Karen BARNET 1KG | 50-54 | 13.36M | 12.28M | 11.40M | 13.36M | 4 [™] |
| Gaelyne KENSHOLE 1KG | 50-54 | 19.15M | 20.59M | 17.08M | 20.59M | 1 ST |
| Carmel SCHROETER 1KG | 50-54 | 14.16M | Х | 12.56M | 14.16M | 3 RD |
| Claudelle DALGLEISH 1KG | 50-54 | 15.34M | 14.58M | 16.06M | 16.06M | 2 ND |
| Marlene DRUMMOND 1KG | 55-59 | 9.99M | 10.32M | 14.43M | 14.43M | 1 ST |





EVENT 8 - TRACK - 1130 Hours

1,500 METRES – MALE / FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|-------------------|------|--------------|------|--------------|-----------------|
| Joshua KELLY | 1 | OPEN | 1 | 6:54.41 mins | 2 nd |
| Daniel KANIGOWSKI | 2 | OPEN | 1 | 4:31.78 mins | 1 st |
| Sukhwinder KANG | 3 | 40-44 | 1 | 7:05.05 mins | 3 rd |
| Tristan HARRADINE | 4 | 40-44 | 1 | 5:35.88 mins | 2 nd |
| Mark ANDREWS | 5 | 40-44 | 1 | 4:37.73 mins | 1 st |
| Peter McCAFFREY | 6 | 65-69 | 1 | 6:32.00 mins | 1 st |
| Olivia ATTARD | 7 | OPEN | 1 | 4.59.62 mins | 1 st |
| Bonnie RYAN | 8 | 45-49 | 1 | 6:44.95 mins | 1 st |
| Nadine EDWARDS | 9 | 50-54 | 1 | 6:56.29 mins | 1 st |
| Jo O'SHAUGHNESSY | 10 | 60-64 | 1 | DNS | DNS |





EVENT 9 - TRACK -1200 Hours

3,000 METRES WALK – MALE / FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|------------------|------|-----------|------|---------------|-----------------|
| Jordan GALBRAITH | 1 | OPEN | 1 | 14:28.03 mins | 1 st |
| Riley DALGLEISH | 2 | OPEN | 1 | 25:23.47 mins | 2 nd |
| Sukhwinder KANG | 3 | 40-44 | 1 | DNS | DNS |
| Kevin CASSIDY | 4 | 60-64 | 1 | 17:44.53 mins | 1 st |
| Kelly McLEISH | 5 | 40-44 | 1 | 24:21.00 mins | 1 st |





EVENT 10 - TRACK - 1230 Hours

4 X 100 METRES RELAY – MALE / FEMALE

| NAME | LANE | AGENCY | HEAT | TIME | PLACE |
|---|------|------------------------------------|------|--------------|-----------------|
| Joshua KELLY James SCHROETER Mark VAN ROOYEN Ben KHONGBUT | 1 | Victoria Police MALE | 1 | 58.45 | 1 st |
| Sukhwinder KANG Shalok BERRY Supneet GHUMAN Surojit MAJUMDAR | 2 | Corrections Victoria MALE | 1 | 1:01.04 mins | 2 nd |
| Double Mixed | 3 | Mixed Agency Mixed Gender | 1 | 1:18.79 mins | 4 th |
| Gaelyne KENSHOLE Zoe BEATTIE Carmel SCHROETER Marlene DRUMMOND | 4 | Victoria Police FEMALE | 1 | 1:27.98 mins | 1 st |
| Natalie DAVIES Riley DALGLEISH Claudette DALGLEISH Olivia ATTARD | 5 | Forest / SES Mixed Gender | 1 | 1:05.49 mins | 3 rd |
| | 6 | | 1 | | |
| | 7 | | 1 | | |
| | 8 | | 1 | | |





EVENT 11 - TRACK -1330 Hours

100 METRES -SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|-------------------|------|-----------|------|-------|------------------------|
| Alvin KY | 1 | OPEN | 1 | 14.94 | 5 th |
| Dejan FILIPOVIC | 2 | OPEN | 1 | DNF | DNF |
| Paramvir KOHLI | 3 | OPEN | 1 | 15.38 | 6 th |
| Shaun KELLY | 4 | OPEN | 1 | 13.88 | 3 rd |
| Joshua KELLY | 5 | OPEN | 1 | 13.51 | 2 nd |
| Ben KHONGBUT | 6 | OPEN | 1 | DNS | DNS |
| Tinashe MAPINDU | 7 | OPEN | 1 | 12.73 | 1 st |
| Lachlan SANDERSON | 8 | OPEN | 1 | DNS | DNS |
| Lachlan HEALEY | 9 | OPEN | 1 | 14.08 | 4 th |
| Aidan STYLIANOU | 10 | OPEN | 1 | DNS | DNS |

100 METRES - SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|--------------------|------|-----------|------|-------|-----------------|
| Seamus HAYES | 1 | 30-34 | 2 | DNS | DNS |
| Corey BRUNO | 2 | 30-34 | 2 | 16.14 | 2 nd |
| Jamie CELESTINO | 3 | 30-34 | 2 | DNS | DNS |
| John EDNEY | 4 | 30-34 | 2 | 17.20 | 3 rd |
| Ravish MAITHANI | 5 | 35-39 | 2 | 13.27 | 1 st |
| James SCHROETER | 6 | 50-54 | 2 | 14.36 | 1 st |
| Harvey ILLINGWORTH | 7 | 35-39 | 2 | 23.18 | 2 nd |
| Shalok BERRY | 8 | 30-34 | 2 | 16.05 | 1 st |





100 METRES -SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|------------------|------|-----------|------|-------|-----------------|
| Kaden HUTCHINGS | 1 | 40-44 | 3 | DNS | DNS |
| Sukhwinder KANG | 2 | 40-44 | 3 | 15.62 | 2 nd |
| Mohit PURI | 3 | 40-44 | 3 | 20.04 | 5 th |
| Supneet GHUMAN | 4 | 40-44 | 3 | 17.52 | 4 th |
| Surojit MAJUMDAR | 5 | 40-44 | 3 | 16.70 | 3 rd |
| Jason EARSMAN | 6 | 40-44 | 3 | 15.12 | 1 st |

100 METRES - SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|------------------|------|-----------|------|-------|-----------------|
| Shane ROBERTS | 1 | 45-49 | 4 | DNS | DNS |
| Stephen SCAMMELL | 2 | 55-59 | 4 | 14.59 | 1 st |
| Paul CARIDI | 3 | 55-59 | 4 | 15.35 | 2 nd |
| Brian McCULLOUGH | 4 | 55-59 | 4 | 16.10 | 3 rd |
| John BROOKES | 5 | 65-69 | 4 | DNS | DNS |
| lan NEWEY | 6 | 65-69 | 4 | 17.64 | 1 st |





100 METRES - SPRINT - FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|------------------|------|-----------|------|-------|-----------------|
| Georgia BOUNDY | 3 | OPEN | 5 | 13.99 | 1 st |
| Zoe BEATTIE | 4 | OPEN | 5 | 15.87 | 2 nd |
| Jacqui HARRISON | 5 | 30-34 | 5 | DNS | DNS |
| Audrey COUSINERY | 6 | 35-39 | 5 | DNS | DNS |

100 METRES - SPRINT - FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|---------------------|------|-----------|------|-------|-----------------|
| Kelly McLEISH | 2 | 40-44 | 6 | 19.83 | 1 st |
| Natalie DAVIES | 3 | 40-44 | 6 | 25.68 | 2 nd |
| Seona BARO | 4 | 45-49 | 6 | 16.97 | 1 st |
| Katrina NEWTON | 5 | 45-49 | 6 | DNS | DNS |
| Gaelyne KENSHOLE | 6 | 50-54 | 6 | 17.16 | 1 st |
| Claudelle DALGLEISH | 7 | 50-54 | 6 | 17.75 | 2 nd |
| Marlene DRUMMOND | 8 | 55-59 | 6 | 23.15 | 1 st |





EVENT 12 – FIELD – Triple Jump – 1400 Hours

| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|------------------|--------------|---------|---------|---------|-------|-----------------|
| Sukhwinder KANG | 40-44 | ı | ı | ı | N/R | N/R |
| Jason EARSMAN | 40-44 | 8.44M | 8.65M | 8.32M | 8.65M | 1 ST |
| James SCHROETER | 50-54 | Х | 8.69M | - | 8.69M | 1 ST |
| Brian McCULLOUGH | 55-59 | 7.86M | 7.74M | 8.15M | 8.15M | 2 ND |
| Stephen SCAMMELL | 55-59 | 7.95M | 7.50M | 8.17M | 8.17M | 1 ST |
| Zoe BEATTIE | OPEN | 7.01M | 6.74M | 6.91M | 7.01M | 1 ST |
| Jacqui HARRISON | 30-34 | - | - | - | N/R | N/R |
| Gaelyne KENSHOLE | 50-54 | 6.97M | 7.13M | 7.22M | 7.22M | 1 ST |





EVENT 13 - TRACK -1430 Hours

200 METRES - SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE | | | |
|-------------------|------|-----------|------|-------|-----------------|--|--|--|
| Tinashe MAPINDU | 1 | OPEN | 1 | 26.33 | 1 st | | | |
| Dejan FILIPOVIC | 2 | OPEN | 1 | DNS | DNS | | | |
| Shaun KELLY | 3 | OPEN | 1 | 28.10 | 2 nd | | | |
| Joshua KELLY | 4 | OPEN | 1 | 28.88 | 3 rd | | | |
| Lachlan SANDERSON | 5 | OPEN | 1 | DNS | DNS | | | |
| Lachlan HEALEY | 6 | OPEN | 1 | 31.26 | 4 th | | | |
| Seamus HAYES | 7 | 30-34 | 1 | DNS | DNS | | | |
| Corey BRUNO | 8 | 30-34 | 1 | 35.67 | 1 st | | | |

200 METRES - SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|--------------------|------|-----------|------|-------|-----------------|
| Harvey ILLINGWORTH | 2 | 35-39 | 2 | 48.76 | 2 nd |
| Ravish MAITHANI | 3 | 35-39 | 2 | 28.05 | 1 st |
| James SCHROETER | 4 | 50-54 | 2 | 29.15 | 1 st |
| Kaden HUTCHINGS | 5 | 40-44 | 2 | DNS | DNS |
| Sukhwinder KANG | 6 | 40-44 | 2 | DNS | DNS |
| Supneet GHUMAN | 7 | 40-44 | 2 | DNS | DNS |





200 METRES - SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|------------------|------|-----------|------|-------|-----------------|
| Paul CARIDI | 3 | 55-59 | 3 | 32.51 | 2 nd |
| Stephen SCAMMELL | 4 | 55-59 | 3 | 30.45 | 1 st |
| Brian McCULLOUGH | 5 | 55-59 | 3 | 32.55 | 3 rd |
| John BROOKES | 6 | 65-69 | 3 | DNS | DNS |
| Ian NEWEY | 7 | 65-69 | 3 | 37.35 | 1 st |

200 METRES -SPRINT - FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|---------------------|------|--------------|------|---------|-------------------------------|
| Kelly McLEISH | 1 | 40-44 | 4 | 46.77 | 1 st |
| Jo O'SHAUGHNESSY | 2 | 60-64 | 4 | 1:21.38 | 1 st NEW RECORD |
| Zoe BEATTIE | 3 | OPEN | 4 | 34.42 | 2 nd |
| Georgia BOUNDY | 4 | OPEN | 4 | 29.17 | 1 st |
| Natalie DAVIES | 5 | 40-44 | 4 | 49.55 | 2 nd |
| Seona BARO | 6 | 45-49 | 4 | 35.55 | 1 st |
| Gaelyne KENSHOLE | 7 | 50-54 | 4 | 38.57 | 1 st |
| Claudelle DALGLEISH | 8 | 50-54 | 4 | 39.80 | 2 nd |





EVENT 14 - FIELD - Shot Put - 1500 Hours

| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|-----------------------------------|--------------|---------|---------|---------|--------|-----------------|
| Patrick McDONALD 7.26KG | OPEN | - | - | - | N/R | N/R |
| Riley DALGLEISH 7.26KG | OPEN | 5.12M | 5.26M | 5.80M | 5.80M | 3 rd |
| Shalok BERRY 7.26KG | OPEN | 7.78M | 8.38M | 8.67M | 8.67M | 2 nd |
| Sean CURTIN 7.26KG | OPEN | 9.97M | 9.56M | 9.84M | 9.84M | 1 st |
| Shalok BERRY 7.26KG | 30-34 | Х | 7.88M | 7.74M | 7.88M | 2 nd |
| Seamus HAYES 7.26KG | 30-34 | ı | ı | ı | N/R | N/R |
| Milindu NISSANKA 7.26KG | 30-34 | - | - | - | N/R | N/R |
| Jamie CORBISHLEY 7.26KG | 30-34 | 8.33M | 8.58M | 8.45M | 8.58M | 1 st |
| Corey BRUNO 7.26KG | 30-34 | 6.24M | 6.15M | 6.26M | 6.26M | 3 rd |
| James PLOWRIGHT 7.26KG | 35-39 | 8.70M | 9.16M | 8.91M | 9.16M | 1 st |
| Harvey ILLINGWORTH 7.26KG | 35-39 | 3.23M | 3.00M | ı | 3.23M | 2 nd |
| Cameron BENNETT 7.26KG | 40-44 | ı | ı | ı | N/R | N/R |
| Sukhwinder KANG 7.26KG | 40-44 | - | - | - | N/R | N/R |
| Simon LEWIS 7.26KG | 40-44 | 6.43M | 6.91M | 7.39M | 7.39M | 2 nd |
| Jason EARSMAN 7.26KG | 40-44 | 8.20M | 7.93M | 7.73M | 8.20M | 1 st |
| Damian MUSCOVICH 7.26KG | 45-49 | 8.70M | X | 8.68M | 8.70M | 2 nd |
| Sean CURTIN 7.26KG | 45-49 | 8.40M | 10.70M | 9.69M | 10.70M | 1 st |
| James SCHROETER 6KG | 50-54 | 7.22M | - | - | 7.22M | 1 st |
| David DE VRIES 6KG | 55-59 | - | - | - | N/R | N/R |
| Mark VAN ROOYEN 6KG | 55-59 | 7.04M | 7.26M | 7.49M | 7.49M | 1 st |
| Dave WILKINS 5KG | 65-69 | X | 6.61M | 7.71M | 7.71M | 1 st |





| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|--------------------------------|--------------|---------|---------|---------|-------|-----------------|
| Georgia BOUNDY 4KG | OPEN | - | - | - | N/R | N/R |
| Lavinia TAULEPA 4KG | 30-34 | - | - | - | N/R | N/R |
| Kelly McLEISH 4KG | 40-44 | 5.58M | 5.98M | 5.75M | 5.98M | 2 nd |
| Natalie DAVIES 4KG | 40-44 | 5.14M | 5.40M | Х | 5.40M | 3 rd |
| Amanda STEVENS 4KG | 40-44 | 6.61M | 6.75M | 6.40M | 6.75M | 1 st |
| Traci GROGAN 4KG | 45-49 | ı | ı | ı | N/R | N/R |
| Karen BARNET 3KG | 50-54 | 4.76M | 4.75M | 4.28M | 4.76M | 4 th |
| Gaelyne KENSHOLE 3KG | 50-54 | 7.84M | 7.46M | 7.45M | 7.84M | 1 st |
| Carmel SCHROETER 3KG | 50-54 | 5.32M | 4.98M | 5.30M | 5.32M | 3 rd |
| Claudelle DALGLEISH 3KG | 50-54 | 6.38M | 6.74M | 6.41M | 6.74M | 2 nd |
| Marlene DRUMMOND 3KG | 55-59 | 5.41M | 4.88M | 5.45M | 5.45M | 1 st |





EVENT 15 – FIELD – Long Jump – 1530 Hours

| NAME | AGE GROUP | TRIAL 1 | TRIAL 2 | TRIAL 3 | BEST | PLACE |
|---------------------|--------------|---------|---------|---------|-------|-----------------|
| Dejan FILIPOVIC | OPEN | - | - | - | N/R | N/R |
| Riley DALGLEISH | OPEN | 3.06M | 3.00M | 3.45M | 3.45M | 1 st |
| John EDNEY | 30-34 | 3.54M | 3.46M | 3.54M | 3.54M | 1 st |
| Harvey ILLINGWORTH | 35-39 | 1.58M | 1.37M | 1.46M | 1.58M | 1 st |
| Kaden HUTCHINGS | 40-44 | - | - | - | N/R | N/R |
| Sukhwinder KANG | 40-44 | - | - | - | N/R | N/R |
| Surojit MAJUMDAR | 40-44 | 3.02M | 3.38M | 3.11M | 3.38M | 2 nd |
| Simon LEWIS | 40-44 | 2.25M | Х | 3.37M | 3.37M | 3 rd |
| Jason EARSMAN | 40-44 | 3.04M | 4.33M | Х | 4.33M | 1 st |
| James SCHROETER | 50-54 | 3.13M | - | - | 3.13M | 1 st |
| Brian McCULLOUGH | 55-59 | 3.65M | 3.69M | 2.38M | 3.69M | 2 nd |
| Stephen SCAMMELL | 55-59 | 4.06M | 3.98M | - | 4.06M | 1 st |
| Zoe BEATTIE | OPEN | 3.16M | 3.12M | 3.24M | 3.24M | 1 st |
| Jacqui HARRISON | 30-34 | - | - | - | N/R | N/R |
| Natalie DAVIES | 40-44 | 1.89M | - | - | 1.89M | 1 st |
| Gaelyne KENSHOLE | 50-54 | 2.88M | 3.11M | - | 3.11M | 1 st |
| Claudelle DALGLEISH | 50-54 | 2.63M | 2.78M | 2.95M | 2.95M | 2 nd |





EVENT 16 - TRACK -1600 Hours

400 METRES - SPRINT - MALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|-----------------|------|-----------|------|--------------|-----------------|
| James SCHROETER | 3 | 50-54 | 1 | 1:06.79 mins | 1 st |
| Lachlan HEALEY | 4 | OPEN | 1 | 1:14.70 mins | 4 th |
| Shaun KELLY | 5 | OPEN | 1 | 1:10.24 mins | 3 rd |
| Joshua KELLY | 6 | OPEN | 1 | 1:05.26 mins | 2 nd |
| Tinashe MAPINDU | 7 | OPEN | 1 | 1:03.41 mins | 1 st |
| Sukhwinder KANG | 8 | 40-44 | 1 | DNS | DNS |

400 METRES - SPRINT - FEMALE

| NAME | LANE | AGE GROUP | HEAT | TIME | PLACE |
|---------------------|------|--------------|------|--------------|-----------------|
| Jo O'SHAUGHNESSY | 1 | 60-64 | 2 | DNS | DNS |
| Audrey COUSINERY | 2 | 35-39 | 2 | DNS | DNS |
| Claudelle DALGLEISH | 3 | 50-54 | 2 | 1:53.60 mins | 1 st |
| Harvey ILLINGWORTH | 4 | 35-39 | 2 | 2:05.58 mins | 1 st |
| Brian McCULLOUCH | 5 | 55-59 | 2 | 1:26.44 mins | 2 nd |
| Stephen SCAMMELL | 6 | 55-59 | 2 | 1:10.81 mins | 1 st |

** MEDAL PRESENTATION – END OF EVENT **



VPESG PARTICIPATING AFFILIATED AGENCIES LIST

| AGENCY | IDENTIFIER |
|---|------------|
| Ambulance Victoria | (VIAM) |
| Australian Border Force | (AUBF) |
| Australian Criminal Intelligence Commission | (ACIC) |
| Australian Federal Police | (AUPO) |
| Australian Volunteer Coast Guard | (AVCG) |
| Corrections Victoria | (VICO) |
| Country Fire Authority | (VICF) |
| Dept. of Agriculture, Fisheries and Forestry | (DAFF) |
| Dept. of Jobs, Skills, Industry & Regions | (DJSI) |
| Dept. of Energy, Environment and Climate Action | (DEECA) |
| Dept. of Home Affairs | (VDHA) |
| Dept of Transport and Planning | (VDOT) |
| Emergency Management Victoria | (EMVI) |
| Emergency Services Telecommunications Authority | (VIEC) |
| Environment Protection Authority Victoria | (EPAV) |
| Fire Rescue Victoria | (VIFI) |
| Inspector-General for Emergency Management | (IGEM) |
| Life Saving Victoria | (VLSV) |
| National Heavy Vehicle Regulator | (NHVR) |
| Other | Other |
| Parks Victoria | (VIPS) |
| Royal Flying Doctor Service | (RFDS) |
| Safe Transport Victoria | (STVI) |
| Sherriff's Office Victoria | (VISO) |
| St John Ambulance | (VISJ) |
| State Emergency Service Victoria | (VISE) |
| Triple Zero Victoria | (TRZV) |
| Victoria Police | (VIPO) |
| Victorian Fisheries Authority | (VIFA) |
| Youth Justice Custodial Service | (YJCS) |